

RiverPlex/AquaPlex

600 NE Water Street • 282-1531

SUPERVISOR OF AQUATICS

Sue Wheeler: swheeler@peoriaparks.org

ADMISSION

Members swim at NO charge.

Admission for non-members:

Child 2 & under	Free
<i>when accompanied by a paid adult</i>	
Child (3-12 years)	\$5
Adult (13-61 years)	\$7
Senior (62 & up)	\$5
Spectator	\$2

Groups of 15 or more may qualify for special group rates. Call 282-1531 to make reservations.

SPLASH POOL/OPEN SWIM HOURS

Enjoy our 2 story waterslide, lazy river, splash equipment and zero-depth pool.

Mon-Fri	5-8 pm
Sat & Sun	12-7 pm

Spring Break Swim Schedule

The AquaPlex will have additional open swim hours during Spring Break:

4/2-4/6	12-8 pm
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LAP POOL HOURS

Swim laps in our 25-yard pool or relax in the whirlpool overlooking the river!

Lap Swim punch cards good for 10 admissions may be purchased for \$50.

Mon-Fri	5 am-10 pm
Sat & Sun	7 am-7 pm

PLEASE NOTE

• Children 10 years and younger must be accompanied by a parent/guardian

(17+) outside of open swim hours

• During open hours, children 7 and under must be accompanied by a parent/guardian (17+) in the pool area. Children 5 and under must be accompanied by an adult in the water. at all times

• The whirlpool is for ages 17 & up.

• We reserve the right to use up to 2 lanes of the lap pool during swim lessons at the following times: Tu & Th: 5:30-7:45 pm, W: 2:30-4 pm and Sa: 9-11:15 am.

BROWNIES/GIRL SCOUTS

OR CUB SCOUTS/BOY SCOUTS

Bring your troop in for an afternoon of fun at a special rate of \$3/child. For an additional \$2/child our instructors will help your troop earn their swim badges. Please call 282-1531 for available times.

PRESCHOOL SPLASH: AGES 1-5

Join us for this parent-child program in the leisure pool. Children enjoy the splash features and play stations with a parent/guardian who swims with them.

M-F thru 5/11	10-11:30 am
Fee-M/R/NR:	FREE/\$3/\$3

AQUAPLEX BIRTHDAY PARTIES

For details, please see page 88-89.

PRIVATE RENTALS

Held after open hours, your group has exclusive rights to the Aquatic Center! Call 282-1531 for rates.

UNDERWATER EASTER EGG HUNT!

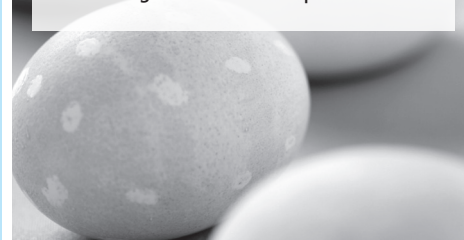
Saturday, April 7th at the AquaPlex

Ages 3-8 • Fee-M/NM: \$5/\$7

Code 31344: 9:00-9:45 am

Code 31345: 10:00-10:45 am

Forget the lawn - we're hunting for eggs underwater! Please pre-register. Parents must accompany kids ages 3-5 into the pool.



St. Patrick's Day splash

Saturday, 3/17 • 11:15 am-12:45 pm

Ages 6-12 • Code: 50093

Follow the rainbow to the pot of gold in the pool! A leprechaun hid his gold around the leisure pool and prizes will be awarded to the children that find it! Enjoy a special 45 minute swim followed by a craft.

Fee-M/R/NR: \$9/\$10/\$12 Min/Max: 10/35

WATER AEROBICS

All classes are free to members. Non-members may purchase a 10 pass punch-card for \$50. Please pick up a water aerobic schedule at the RiverPlex or at www.peoriaparks.org.

Senior Fit: A great class set to upbeat music for the mature aerobics fan. Held in the warm water therapy pool, this class is great for those who want strengthening, additional flexibility, and those with joint problems.

OSF Arthritis: Join us for a workout in the warm water to improve your joint range of motion and strength. Classes offered mornings, afternoons and evenings with easy entrance into the pool. A Physician Consent form is required. Call 282-1605 to register.

OSF Multiple Sclerosis: Focus on stretching, joint range of motion, muscle strengthening, balance and coordination in a positive social setting. A Physician Consent form is required. Call 282-1605 to register.

Tummies and Thighs: This class is designed to work your abs and your thighs (plus your legs and lower back).

Run the Rapids: This class will give you the benefits of running without all the stress on your body. Water shoes recommended.

Ai Chi: An end of the week breather! Relax and get a great workout while our instructors lead you through a series of controlled movements and breathing techniques set to serene music.

High/Low: A great overall workout and conditioning class that includes a warm-up, cardio and strengthening and cool down.

Water in Motion: This new water exercise program provides a low impact, high energy challenge for participants of all ages, skill and fitness levels. Jump in and make splash with this cardiovascular workout that tones and tapers the entire body.

RiverPlex/AquaPlex

Learn to Swim With Us!

M = Fee for RiverPlex Members • R = Fee for Park District Residents • NR = Fee for Non-Residents

Exploration 1: Ages 6-24 months

This class is for infants and adults to enjoy together in the comfort of the warm water pool. An instructor will lead the group through a series of developmentally appropriate water activities.

Code	Day-Date	Time	Fee-M/R/NR
49751	Tu, Th: 1/17-2/9	6:35-7:05 pm	\$29/\$33/\$37
49752	Tu, Th: 2/14-3/8	6:35-7:05 pm	\$29/\$33/\$37
49753	Tu, Th: 3/13-4/5	6:35-7:05 pm	\$29/\$33/\$37
49754	Tu, Th: 4/10-5/3	6:35-7:05 pm	\$29/\$33/\$37
49755	Sa: 1/14-2/4	10:30-11 am	\$15/\$17/\$19
49756	Sa: 2/11-3/3	10:30-11 am	\$15/\$17/\$19
49768	Sa: 3/10-3/31	10:30-11 am	\$15/\$17/\$19
49769	Sa: 4/14-5/5	10:30-11 am	\$15/\$17/\$19
49772	Tu, Th: 5/8-5/17	6:35-7:05 pm	\$15/\$17/\$19
49773	Sa: 5/12-5/19	10:30-11 am	\$8/\$9/\$10

Exploration 2: Ages 24 months-3 years

This class is for toddlers and adults to enjoy and learn together in the comfort of the warm water pool. An instructor will lead the adults through different swim exercises and activities to promote independent swimming for the child.

Code	Day-Date	Time	Fee-M/R/NR
49788	Tu, Th: 1/17-2/9	7:10-7:40 pm	\$29/\$33/\$37
49775	Tu, Th: 2/14-3/8	7:10-7:40 pm	\$29/\$33/\$37
49776	Tu, Th: 3/13-4/5	7:10-7:40 pm	\$29/\$33/\$37
49777	Tu, Th: 4/10-5/3	7:10-7:40 pm	\$29/\$33/\$37
49779	Sa: 1/14-2/4	9:10-9:40 am	\$15/\$17/\$19
49780	Sa: 1/14-2/4	9:45-10:25 am	\$15/\$17/\$19
49781	Sa: 2/11-3/3	9:10-9:40 am	\$15/\$17/\$19
49782	Sa: 2/11-3/3	9:45-10:25 am	\$15/\$17/\$19
49783	Sa: 3/10-3/31	9:10-9:40 am	\$15/\$17/\$19
49784	Sa: 3/10-3/31	9:45-10:25 am	\$15/\$17/\$19
49785	Sa: 4/14-5/5	9:10-9:40 am	\$15/\$17/\$19
49786	Sa: 4/14-5/5	9:45-10:25 am	\$15/\$17/\$19
49789	Tu, Th: 5/8-5/17	7:10-7:40 pm	\$15/\$17/\$19
49791	Sa: 5/12-5/19	9:10-9:40 am	\$8/\$9/\$10
49792	Sa: 5/12-5/19	9:45-10:25 am	\$8/\$9/\$10

Voyagers: Age 3

This is an introduction to swimming for toddlers who have attended Exploration 1 and/or Exploration 2 and been promoted into this class. Participants will learn water independence, basic water movement, and floats in the warm water pool. Adults are not required to enter the water with their child. Register early - class fills quickly!

Code	Day-Date	Time	Fee-M/R/NR
49920	Tu: 1/17-2/7	5:30-6:00 pm	\$16/\$18/\$21
49905	Tu: 2/14-3/6	5:30-6:00 pm	\$16/\$18/\$21
49906	Tu: 3/13-4/3	5:30-6:00 pm	\$16/\$18/\$21
49907	Tu: 4/10-5/1	5:30-6:00 pm	\$16/\$18/\$21
49908	Tu, Th: 1/17-2/9	6:35-7:05 pm	\$31/\$35/\$41
49909	Tu, Th: 2/14-3/8	6:35-7:05 pm	\$31/\$35/\$41
49910	Tu, Th: 3/13-4/5	6:35-7:05 pm	\$31/\$35/\$41
49911	Tu, Th: 4/10-5/3	6:35-7:05 pm	\$31/\$35/\$41
49919	Sa: 1/14-2/4	9:45-10:15 am	\$16/\$18/\$21
49912	Sa: 1/14-2/4	10:30-11 am	\$16/\$18/\$21
49913	Sa: 2/11-3/3	9:45-10:15 am	\$16/\$18/\$21
49914	Sa: 2/11-3/3	10:30-11 am	\$16/\$18/\$21
49915	Sa: 3/10-3/31	9:45-10:15 am	\$16/\$18/\$21
49916	Sa: 3/10-3/31	10:30-11 am	\$16/\$18/\$21
49917	Sa: 4/14-5/5	9:45-10:15 am	\$16/\$18/\$21
49918	Sa: 4/14-5/5	10:30-11 am	\$16/\$18/\$21
49902	Sa: 5/12-5/19	9:45-10:15 am	\$9/\$10/\$11
49903	Sa: 5/12-5/19	10:30-11 am	\$7/\$9/\$11
49904	Tu, Th: 5/8-5/17	6:35-7:05 pm	\$16/\$18/\$21



Home School Swim Program (ages 5-16)

Come join us for an exciting time of open swim and swim lessons. Your child will receive a swim lesson appropriate for their ability and age. They will also enjoy splash time with other children in our leisure pool. Min/Max: 5-16

Code	Day-Date	Time	Fee-M/R/NR
49793	W: 2/8-2/29	2:30-4 pm	\$24/\$26/\$28
49794	Tu: 3/7-3/28	2:40-4 pm	\$24/\$26/\$28
49795	W: 4/11-4/25	2:30-4 pm	\$18/\$20/\$21

Pre-Journey 1: Ages 4-7

This class is for children who have had NO swimming experience or who may be timid in getting into the water.

Code	Day-Date	Time	Fee-M/R/NR
49878	Tu, Th:1/17-2/ 9	5:30-6 pm	\$31/\$35/\$41
49880	Tu, Th:2/14-3/ 8	5:30-6 pm	\$31/\$35/\$41
49882	Tu, Th:3/13-4/ 5	5:30-6 pm	\$31/\$35/\$41
49884	Tu, Th:4/10-5/ 3	5:30-6 pm	\$31/\$35/\$41
49886	Tu, Th:5/ 8-5/17	5:30-6 pm	\$16/\$18/\$21
49888	Sa:1/14-2/ 4	9-9:40 am	\$22/\$25/\$29
49889	Sa:2/11-3/ 3	9-9:40 am	\$22/\$25/\$29
49890	Sa:3/10-3/31	9-9:40 am	\$22/\$25/\$29
49891	Sa:4/14-5/ 5	9-9:40 am	\$22/\$25/\$29
49892	Sa:5/12-5/19	9-9:40 am	\$11/\$13/\$15

Journey 1: Ages 4-7

This course is for children who are comfortable in the water and have some water experience. The focus will be on floating, kicking, breathing, and beginner strokes. These courses fill quickly!

Code	Day-Date	Time	Fee-M/R/NR
49813	Tu, Th:1/17-2/ 9	6:00-6:30pm	\$31/\$35/\$41
49814	Tu, Th:1/17-2/ 9	7:10-7:40pm	\$31/\$35/\$41
49815	Tu, Th:2/14-3/ 8	6:00-6:30pm	\$31/\$35/\$41
49816	Tu, Th:2/14-3/ 8	7:10-7:40pm	\$31/\$35/\$41
49817	Tu, Th:3/13-4/ 5	6:00-6:30pm	\$31/\$35/\$41
49818	Tu, Th:3/13-4/ 5	7:10-7:40pm	\$31/\$35/\$41
49819	Tu, Th:4/10-5/ 3	6:00-6:30pm	\$31/\$35/\$41
49820	Tu, Th:4/10-5/ 3	7:10-7:40pm	\$31/\$35/\$41
49821	Tu, Th:5/ 8-5/17	6:00-6:30pm	\$16/\$18/\$21
49822	Tu, Th:5/ 8-5/17	7:10-7:40pm	\$16/\$18/\$21
49823	Sa:1/14-2/ 4	9:45-10:25am	\$22/\$25/\$29
49824	Sa:1/14-2/ 4	10:30-11:10am	\$22/\$25/\$29
49825	Sa:2/11-3/ 3	9:45-10:25am	\$22/\$25/\$29
49826	Sa:2/11-3/ 3	10:30-11:10am	\$22/\$25/\$29
49827	Sa:3/10-3/31	9:45-10:25am	\$22/\$25/\$29
49828	Sa:3/10-3/31	10:30-11:10am	\$22/\$25/\$29
49829	Sa:4/14-5/ 5	9:45-10:25am	\$22/\$25/\$29
49830	Sa:4/14-5/ 5	10:30-11:10am	\$22/\$25/\$29
49831	Sa:5/12-5/19	9:45-10:25am	\$11/\$13/\$15
49832	Sa:5/12-5/19	10:30-11:10am	\$11/\$13/\$15
49834	Tu, Th:1/17-2/ 9	6:35-7:05pm	\$31/\$35/\$41
49835	Tu, Th:2/14-3/ 8	6:35-7:05pm	\$31/\$35/\$41
49836	Tu, Th:3/13-4/ 5	6:35-7:05pm	\$31/\$35/\$41
49837	Tu, Th:5/ 8-5/17	6:35-7:05pm	\$16/\$18/\$21
49838	Sa:1/14-2/ 4	9:00-9:40am	\$22/\$25/\$29

Journey 1: Ages 4-7 CONTINUED

Code	Day-Date	Time	Fee-M/R/NR
49839	Sa:2/11-3/ 3	9:00-9:40am	\$22/\$25/\$29
49840	Sa:3/10-3/31	9:00-9:40am	\$22/\$25/\$29
49841	Sa:4/14-5/ 5	9:00-9:40am	\$22/\$25/\$29
49842	Sa:5/12-5/19	9:00-9:40am	\$11/\$13/\$15
49921	Tu, Th:4/10-5/ 3	6:35-7:05pm	\$31/\$35/\$41

Journey 2: Ages 4-7

Children MUST know how to float, glide and kick by themselves and have a basic stroke. They will learn freestyle, backstroke and breaststroke.

Code	Day-Date	Time	Fee-M/R/NR
49845	Tu, Th:1/17-2/ 9	6:00-6:30pm	\$31/\$35/\$41
49847	Tu, Th:2/14-3/ 8	6:00-6:30pm	\$31/\$35/\$41
49849	Tu, Th:3/13-4/ 5	6:00-6:30pm	\$31/\$35/\$41
49851	Tu, Th:4/10-5/ 3	6:00-6:30pm	\$31/\$35/\$41
49853	Sa:1/14-2/ 4	10:30-11:10am	\$22/\$25/\$29
49854	Sa:1/14-2/ 4	9:45-10:25am	\$22/\$25/\$29
49855	Sa:2/11-3/ 3	10:30-11:10am	\$22/\$25/\$29
49856	Sa:2/11-3/ 3	9:45-10:25am	\$22/\$25/\$29
49857	Sa:3/10-3/31	10:30-11:15am	\$22/\$25/\$29
49858	Sa:3/10-3/31	9:45-10:25am	\$22/\$25/\$29
49859	Sa:4/14-5/ 5	10:30-11:15am	\$22/\$25/\$29
49860	Sa:4/14-5/ 5	9:45-10:25am	\$22/\$25/\$29
49861	Sa:5/12-5/19	10:30-11:10am	\$11/\$13/\$15
49843	Sa:5/12-5/19	9:45-10:25am	\$11/\$13/\$15
49863	Tu, Th:5/ 8-5/17	6:00-6:30pm	\$16/\$18/\$22

Journey 3: Ages 4-7

Participants MUST be able to swim one length of the pool and will continue the working on the skills taught in the previous level and will learn breaststroke, backstroke, as well as build their endurance.

Code	Day-Date	Time	Fee-M/R/NR
49864	Tu, Th:1/17-2/ 9	6-6:30pm	\$31/\$35/\$41
49865	Tu, Th:2/14-3/ 8	6-6:30pm	\$31/\$35/\$41
49866	Tu, Th:3/13-4/ 5	6-6:30pm	\$31/\$35/\$41
49867	Tu, Th:4/17-5/10	6-6:30pm	\$31/\$35/\$41
49868	Sa:1/14-2/ 4	9-9:40am	\$22/\$25/\$29
49869	Sa:2/11-3/ 3	9-9:40am	\$22/\$25/\$29
49870	Sa:3/10-3/31	9-9:40am	\$22/\$25/\$29
49871	Sa:4/14-5/ 5	9-9:40am	\$22/\$25/\$29
49872	Sa:5/12-5/19	9-9:40am	\$11/\$13/\$15
49877	Tu, Th:5/ 8-5/17	6-6:30pm	\$16/\$18/\$21

**YOU DO NOT HAVE TO BE A RIVERPLEX MEMBER
TO PARTICIPATE IN SWIM LESSONS!**

RiverPlex/AquaPlex

Discovery 1: Ages 7-15

This course is for children who have little or no experience in the water. They will learn water adjustment, breathing, floating, kicking and basic strokes.

Code	Day-Date	Time	Fee-M/R/NR
49711	Tu, Th:1/17-2/ 9	6-6:30pm	\$31/\$35/\$41
49712	Tu, Th:2/14-3/ 8	6-6:30pm	\$31/\$35/\$41
49713	Tu, Th:3/13-4/ 5	6-6:30pm	\$31/\$35/\$41
49714	Tu, Th:4/10-5/ 3	6-6:30pm	\$31/\$35/\$41
49715	Sa:1/14-2/ 4	9-9:40am	\$22/\$25/\$29
49716	Sa:2/11-3/ 3	9-9:40am	\$22/\$25/\$29
49717	Sa:3/10-3/31	9-9:40am	\$22/\$25/\$29
49718	Sa:4/14-5/ 5	9-9:40am	\$22/\$25/\$29
49725	Sa:5/12-5/19	9-9:40am	\$11/\$13/\$15
49724	Tu, Th:5/ 8-5/17	6-6:30pm	\$16/\$18/\$21

Discovery 2: Ages 7-15

Children MUST know how to float, glide, kick by themselves and have basic stroke knowledge. They will learn freestyle, backstroke and breaststroke.

Code	Day-Date	Time	Fee-M/R/NR
49727	Tu, Th:1/17-2/ 9	6:35-7:05pm	\$31/\$35/\$41
49728	Tu, Th:2/14-3/ 8	6:35-7:05pm	\$31/\$35/\$41
49729	Tu, Th:3/13-4/ 5	6:35-7:05pm	\$31/\$35/\$41
49730	Tu, Th:4/10-5/ 3	6:35-7:05pm	\$31/\$35/\$41
49731	Sa:1/14-2/ 4	9:45-10:25am	\$22/\$25/\$29
49732	Sa:2/11-3/ 3	9:45-10:25am	\$22/\$25/\$29
49733	Sa:3/10-3/31	9:45-10:25am	\$22/\$25/\$29
49734	Sa:4/14-5/ 5	9:45-10:25am	\$22/\$25/\$29
49736	Tu, Th:5/ 8-5/17	6:35-7:05pm	\$16/\$18/\$21
49737	Sa:5/12-5/19	9:45-10:25am	\$11/\$13/\$15

Discovery 3: Ages 7-15

Participants should be able to swim one length of the pool and will continue to work on skills from the previous level. Participants will learn breaststroke, backstroke and start building their endurance.

Code	Day-Date	Time	Fee-M/R/NR
49738	Tu, Th:1/17-2/ 9	5:30-6 pm	\$31/\$35/\$41
49739	Tu, Th:2/14-3/ 8	5:30-6 pm	\$31/\$35/\$41
49740	Tu, Th:3/13-4/ 5	5:30-6 pm	\$31/\$35/\$41
49741	Tu, Th:4/10-5/ 3	5:30-6 pm	\$31/\$35/\$41
49747	Sa:1/14-2/ 4	10:30-11:10am	\$22/\$25/\$29
49742	Sa:2/11-3/ 3	10:30-11:10am	\$22/\$25/\$29
49743	Sa:3/10-3/31	10:30-11:10am	\$22/\$25/\$29
49744	Sa:4/14-5/ 5	10:30-11:10am	\$22/\$25/\$29
49748	Tu, Th:5/ 8-5/17	5:30-6 pm	\$16/\$18/\$21
49749	Sa:5/12-5/19	10:30-11:10am	\$11/\$13/\$15

Challenge Novice: Ages 7-15

This class is for children who know basic freestyle, backstroke and breaststroke. They will work on developing these strokes, adding endurance and elementary backstroke, butterfly and sidestroke.

Code	Day-Date	Time	Fee-M/R/NR
49701	Tu, Th:1/17-2/ 9	7:10-7:40pm	\$31/\$35/\$41
49702	Tu, Th:2/14-3/ 8	7:10-7:40pm	\$31/\$35/\$41
49703	Tu, Th:3/13-4/ 5	7:10-7:40pm	\$31/\$35/\$41
49704	Tu, Th:4/10-5/ 3	7:10-7:40pm	\$31/\$35/\$41
49705	Sa:1/14-2/ 4	11:15-11:50am	\$22/\$25/\$29
49706	Sa:2/11-3/ 3	11:15-11:50am	\$22/\$25/\$29
49707	Sa:3/10-3/31	11:15-11:55am	\$22/\$25/\$29
49708	Sa:4/14-5/ 5	11:15-11:55am	\$22/\$25/\$29
49709	Tu, Th:5/ 8-5/17	7:10-7:40pm	\$16/\$18/\$21
49710	Sa:5/12-5/19	11:15-11:55am	\$11/\$13/\$15

Challenge Advanced: Ages 7-15

Children know the basic elementary backstroke, butterfly and side-stroke. Development of these strokes will be emphasized as well as turns, competitive starts and safety skills.

Code	Day-Date	Time	Fee-M/R/NR
49681	Tu, Th:1/17-2/ 9	7:10-7:40pm	\$31/\$35/\$41
49682	Tu, Th:2/14-3/ 8	7:10-7:40pm	\$31/\$35/\$41
49683	Tu, Th:3/13-4/ 5	7:10-7:40pm	\$31/\$35/\$41
49684	Tu, Th:4/10-5/ 3	7:10-7:40pm	\$31/\$35/\$41
49685	Sa:1/14-2/ 4	11:15-11:55am	\$22/\$25/\$29
49686	Sa:2/11-3/ 3	11:15-11:55am	\$22/\$25/\$29
49687	Sa:3/10-3/31	11:15-11:55am	\$22/\$25/\$29
49688	Sa:4/14-5/ 5	11:15-11:55am	\$22/\$25/\$29
49689	Tu, Th:5/ 8-5/17	7:10-7:40pm	\$16/\$18/\$21
49690	Sa:5/12-5/19	11:15-11:55am	\$11/\$13/\$15

Challenge Expert: Ages 7-15

Participants should be able to swim one length of the pool and will continue to work on skills from the previous level. Participants will learn breaststroke, backstroke and start building their endurance.

Code	Day-Date	Time	Fee-M/R/NR
49691	Sa:1/14-2/ 4	8:20-8:55am	\$22/\$25/\$29
49692	Sa:2/11-3/ 3	8:20-8:55am	\$22/\$25/\$29
49693	Sa:3/10-3/31	8:20-8:55am	\$22/\$25/\$29
49694	Sa:4/14-5/ 5	8:20-8:55am	\$22/\$25/\$29
49695	Tu, Th:1/17-2/ 9	5:30-6:00pm	\$31/\$35/\$41
49696	Tu, Th:2/14-3/ 8	5:30-6:00pm	\$31/\$35/\$41
49697	Tu, Th:3/13-4/ 5	5:30-6:00pm	\$31/\$35/\$41
49699	Sa:5/12-5/19	8:20-8:55am	\$11/\$13/\$15
49698	Tu, Th:4/10-5/ 3	5:30-6:00pm	\$31/\$35/\$41
49700	Tu, Th:5/ 8-5/17	5:30-6:00pm	\$16/\$18/\$21

YOU DO NOT HAVE TO BE A RIVERPLEX MEMBER TO PARTICIPATE IN SWIM LESSONS

M = Fee RiverPlex Members pay • R = Fee Park District Residents pay • NR = Fee Nonresidents pay

Adult Learn to Swim - Beginner

This class is for adults who are not afraid of the water, but need to learn the basic skills of swimming.

Code	Day-Date	Time	Fee-M/R/NR
49671	Tu, Th:1/17-2/ 9	7:10-7:40pm	\$31/\$35/\$41
49672	Tu, Th:2/14-3/ 8	7:10-7:40pm	\$31/\$35/\$41
49673	Tu, Th:3/13-4/ 5	7:10-7:40pm	\$31/\$35/\$41
49674	Tu, Th:4/10-5/ 3	7:10-7:40pm	\$31/\$35/\$41
49675	Tu, Th:5/ 8-5/17	6:35-7:05pm	\$16/\$18/\$21



Adult Learn to Swim - Intermediate

We will work at improving your front and back crawl strokes, endurance levels and add other strokes as desired. You should be able to swim 100 yards on your front and back.

Code	Day-Date	Time	Fee-M/R/NR
49676	Tu, Th:1/17-2/ 9	7:45-8:15pm	\$31/\$35/\$41
49677	Tu, Th:2/14-3/ 8	7:45-8:15pm	\$31/\$35/\$41
49678	Tu, Th:3/13-4/ 5	7:45-8:15pm	\$31/\$35/\$41
49679	Tu, Th:4/10-5/ 3	7:45-8:15pm	\$31/\$35/\$41
49680	Tu, Th:5/ 8-5/17	7:10-7:40pm	\$16/\$18/\$21

Terrified of Water

This adult learn to swim is taught in the class section of the lap pool in a small group setting. The instructor will help you to deal with any fears that you may have about the water environment, while teaching you basic swimming skills, such as front and back floats and freestyle stroke.

Code	Day-Date	Time	Fee-M/R/NR
49893	Tu:1/17-2/ 7	7:45-8:15pm	\$16/\$18/\$21
49894	Tu:2/14-3/ 6	7:45-8:15pm	\$16/\$18/\$21
49895	Tu:3/13-4/ 3	7:45-8:15pm	\$16/\$18/\$21
49896	Tu:4/10-5/ 1	7:45-8:15pm	\$16/\$18/\$21
49899	Tu:5/ 8-5/15	7:45-8:15pm	\$8/\$9/\$11



WANTED: Lifeguards!

Get a job you can feel good about - lifeguarding! Our classes provide you with the proper training. Call Sue at 282-1531 to register for upcoming sessions.

Jan. 17	4:00-9:30 pm	April 13	4:30-9:30 pm
Jan. 24	4:00-9:30 pm	April 14	8:30 am-5:00 pm
Jan. 31	4:00-9:30 pm	April 15	8:30 am-4:30 pm
Feb. 7	4:00-9:00 pm		
		May 18	4:30-9:30 pm
March 9	4:30-9:30 pm	May 19	8:30 am-5:00 pm
March 10	8:30 am-5:00 pm	May 20	8:30 am-4:30 pm
March 11	8:30 am-4:30 pm		

Interested in becoming a Lifeguard but need to brush up on your swim skills? Come to Central Park Pool on the following days from 4:45-5:30 pm and our staff will help you with swim skills. Participants must be 15 years and want to take the Lifeguard class. Choose any of the following days: 2/15, 2/22, 3/7, 3/21, 4/18 or 4/25. Call Sue at 282-1531 for more details.

Central Park Pool

415 W. Richmond (next to Central High School) • 686-3370 or 282-1531

AT A GLANCE

This indoor aquatic facility includes an eight lane pool with separate diving well, a large open observatory balcony and fully equipped fitness center.

SUPERVISOR OF AQUATICS

Sue Wheeler: swheeler@peoriaparks.org

PUBLIC SWIM

Sunday 12:00-2:00 pm

ADULT LAP SWIM (fee: \$1.75)

Sunday 11:00 am-12:00 pm
 Mon-Fri 5:30-7:30 am
 Saturday 6:30-8:30 am

ADMISSION FEES

Juniors (under 12) \$1.75
 Adults (13+) \$2.25
 Seniors (65+) \$1.75
 Family \$4.75
 (2 adults, 3 kids)

SEASON TICKETS

Purchase a season swim pass and save yourself some money on adult lap swims and open swims.

Season	Fee-R/NR
Jan 2-May 31	\$60/\$70
June 1-Aug 31	\$40/\$50
Sept 1-Dec 30	\$50/\$60

GROUP DISCOUNTS

Groups of 10 or more are admitted to any public swim for 25¢ off regular admission each. Reservations needed.

BIRTHDAY PARTIES See pg. 88-89

Fitness Center

The upper balcony of Central Park Pool contains a moderately-sized fitness center featuring:

- Universal Weight Machines
- Lifecycles with Racing Network
- Nautilus
- Free Weights
- Norditrac
- Treadmills & Stairmasters

The fitness center is open to those 18 & older or to those with parental supervision.
 Mon-Fri: 5:30-7:30 am,
 Sat: 6:30-8 am
 Sun: 11 am-2 pm
 Fee-R/NR: \$45/\$55 per season



PEORIA AREA WATER WIZARDS

www.paww.org

Join the PAWW swim club and join over 250 swimmers who get lots of practice time at Central Park Pool, a facility that has been renovated to meet current USA swimming depth standards. The program emphasizes training, techniques and teamwork while offering some of the most experienced coaches in the area.

It's Easy to Join PAWW

The PAWW Swim Team is open to anyone who can perform a simple swim stroke - there are no try-outs. PAWW coaches are on hand Monday through Friday after 5:30 pm at Central Park and Woodruff Pools. All levels are welcome. If you would like more information, have questions or would like to join PAWW, simply leave a message at 712-7299. A member of the coaching staff will return your call.

PAWW Swim Groups Include

- Minnows*- beginner, non-competitive swimmers who participate in a monthly stroke clinic
- Bronze*- beginner, competitive swimmers
- Silver*- intermediate, competitive swimmers
- Gold*- advanced, competitive swimmers

Monthly Fees

Swim Group	Fee-R/NR
<i>Minnows</i>	\$32/\$37
<i>Bronze</i>	\$50/\$56
<i>Silver</i>	\$75/\$82
<i>Gold</i>	\$95/\$103
<i>Seniors</i>	\$100/\$108
<i>High School</i>	\$240/\$265

Expert Stroke Analysis is available

For more information visit
www.paww.org

Plan Ahead and Save Money!

Buy your season pass for Lakeview or Gwynn Family Aquatic Center between now and February 28 and save \$10. A Child Pass (12 & under) is \$60, an Adult Pass (13+) is \$75 and a Family Pass (2 adults/2 children) is \$245. Prices will go up \$10 on March 1. For details call Central Park Pool at 686-3370 or RiverPlex at 282-1531.

