

Cycling Studio

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
5:15am	JoAn		JoAn			7:45am	Andrea	<---60 min
5:45am			60 min-->	Andrea		9:00am	Megan	
9:15 AM	Anna	<---60 min						
10:15am		Megan		Megan				
12:00pm		Megan	Anna	Megan	Anna			
4:30pm		Denise			JoAn			
5:30pm	Tom	Denise	Megan	Tom				
6:30pm	Tom		Megan					

Miscellaneous

	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	
Time						9:00am	For Runners	<--3 & 4 Sat of the month
4:00pm							Instructor Rotation (Classroom 3)	<--1 & 2 Sat of the month
6:30pm								

RiverPlex Recreation and Wellness Center

600 N.E. Water Street

Peoria, IL 61603

309-282-1700

Hours

Mon-Fri 5am to 10pm

Sat - Sun 7am - 7pm



1/20/12