BIGGEST loser

Points

Points per person (all individual points go toward total team points)

3pts training session
3pts team challenge
2pts make-up training session

Nutrition points: 5-6 pts per session

Team Points

20pts for perfect attendance to training sessions

25pts for perfect attendance to Nutrition
20pts for Nutrition makeup session

Weekly Weight Loss Points

1st - 40pts 2nd-35pts 3rd-30pts 4th-25pts (Weekly Weight points only go towards weekly challenges)
5th-20pts 6th-15pts 7th-10pts 8th-5pts
P=Present A=Absent M=Makeup X=injured

Names have been changed to the last 4 digits of you primary phone number that you provided

	1		2		3		4		5		6		7		8		9		10		Total
Trainers: James & Amber	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	PT	NUT	
Training times: MW 6pm																					
Shirt Color: Royal)																					
Name																					
{8717}	P	A	P	P	P	P	P	P	P	P											
{5375-C}	P	P	M	P	P	P	P	P	P	P											
{5375-J}	P	P	M	P	P	P	P	P	P	P											
{9548}	P	A	P	P	P	P	P	P	P	P											
{6862}	M	P	P	P	P	P	P	P	P	P											
{0399}	P	P	P	P	P	P	P	P	P	P											
{1868}	P	P	P	P	P	P	P	P	P	P											
{0307}	P	P	P	P	P	P	P	P	P	P											
PT & NUT Individual Total	0	0	0	0	0	0	48	40	48	40	0	0	0	0	0	0	0	0	0	0	
Team Attendance Points	0		25		45		45		45												
Weekly Weight Loss Points	20		20		25		30		25												
Total Weekly Team Points	20	0	45	0	70	0	75	0	70	0	0	0	0	0	0	0	0	0	0	0	
Total						135				145											
Trainers: Rebecca & Ryann																					
Training times: MW 6am																					
Shirt Color: Orange Sherbet																					
{8025}	P	P	P	P	P	P	P	P	P	P											
{8653}	P	P	P	P	P	P	P	P	P	P											
{7328}	P	P	P	P	P	P	P	P	P	P											
{2878}	P	P	P	P	P	P	P	P	P	P											
{3567}	P	P	P	P	P	P	P	P	A	A											
{1585}	P	P	P	P	P	P	X	X	X	X											
{4028}	P	P	P	P	P	P	P	A	M	A											
PT Individual Total	0	0	0	0	0	0	36	0	27	25	0	0	0	0	0	0	0	0	0	0	
Team Attendance Points	45		45		45		20		0												
Weekly Weight Loss Points	35		30		30		25		20												
Total Weekly Team Points	80	0	75	0	75	0	45	0	20	0	0	0	0	0	0	0	0	0	0	0	

Total						230				65												
Trainers: James & Ryan **Training times:** MW 9am **Shirt Color:** Purple																						
{0150}	A	A	P	P	P	P	P	P	P	P												
{2140}	P	A	P	P	P	P	P	P	M	P												
{0708}	P	P	P	P	P	P	P	P	P	P												
{2001}	P	P	P	P	M	P	P	P	P	P												
{7418}	P	P	M	P	M	P	M	P	M	P												
{6259}	P	P	P	P	P	P	P	P	P	P												
{0077}	P	P	P	P	P	P	P/A	P	P	P												
PT Individual Total	0	0	0	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0	0	0	0	
Team Attendance Points	0		25		25		25		25													
Weekly Weight Loss Points	30		35		10		10		35													
Total Weekly Team Points	30	0	60	0	35	0	35	0	60	0	0	0	0	0	0	0	0	0	0	0	0	
Total						125				95												
Trainers: Travis, Amanda, & Kendel **Training times:** W 7pm SA 9am **Shirt Color:** Light Green																						
{6443}	P	P	P	P	P	P	P	P	P	P												
{5225}	P	P	P	P	P	P	P	P	P	P												
{3659}	P	P	P	P	P	P	P	P	P	M												
{5735}	P	A	P	P	A	A	P	P	P	P												
PT Individual Total	0	0	0	0	0	0	0	0	0	15	0	0	0	0	0	0	0	0	0	0	0	
Team Attendance Points	20		45		0		45		40													
Weekly Weight Loss Points	10		10		20		40		30													
Total Weekly Team Points	30	0	55	0	20	0	85	0	70	0	0	0	0	0	0	0	0	0	0	0	0	
Total						105				155												
Trainers: Liz & Peggy **Training times:** MW 5:30pm **Shirt Color:** Sangria																						
{8193}	P	P	P	P	P	P	P	P	P	P												
{0149}	P	P	P	P	P	P	P	P	P	P												
{0870}	P	P	P	P	P	P	X	X	X	X												
{2054}	P	P	P	P	P	P	P	P	P	P												
{2409}	P	P	P	P	P	P	P	P	P	P												
{0250}	P	P	P	P	P	P	P	P	P	P												
PT Individual Total	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	
Team Attendance Points	45		45		45		45		45													
Weekly Weight Loss Points	15		15		15		20		10													
Total Weekly Team Points	60	0	60	0	60	0	65	0	55	0	0	0	0	0	0	0	0	0	0	0	0	
Total						180				120												
Trainers: Jaymie & Dena **Training times:** MT 6:00pm **Shirt Color:** Kelly Green																						
{5777}	P	P	P	P	P	P	P	P	P	P												
{5760}	P	P	P	P	P	P	P	P	P	P												
{0800}	P	P	P	P	P	P	P	P	P	P												
{4406}	P	P	P	P	P	P	P	P	P	P												

{1907}	P	P	P	P	P	P	P	P	P	P												
{5122}	P	P	P	P	P	P	P	P	P	P												
PT Individual Total	0	0	0	0	0	0	0	0	0	30	0	0	0	0	0	0	0	0	0	0		
Team Attendance Points	45		45		45		45		45													
Weekly Weight Loss Points	25		25		35		35		15													
Total Weekly Team Points	70	0	70	0	80	0	80	0	60	0	0	0	0	0	0	0	0	0	0	0		
Total						220				140												
Trainers: Kendel & Liz																						
Training times: MW 4:15pm																						
Shirt Color: Light Blue																						
{3877}	P/A	P	P/A	P	P/A	P	P/A	X	X	X												
{7713}	M	P	P	P	P	P	P	P	P	P												
{2853}	P	P	P	P	P	P	P	P	P	P												
{2444}	P	P	P	P	P	P	P	P	P	P												
{2543}	P	P	P	P	P	P	P	P	P	P												
PT Individual Total	0	0	0	0	0	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0		
Team Attendance Points	25		25		25		45		45													
Weekly Weight Loss Points	40		40		40		15		40													
Total Weekly Team Points	65	0	65	0	65	0	60	0	85	0	0	0	0	0	0	0	0	0	0	0		
Total						195				145												
Trainers: Peggy & Ryan																						
Training times: MW 6:30pm																						
Shirt Color: Cardinal																						
{0242}	P	A	P	P	P	A	P	A	P	P												
{6648}	P	A	P	P	P	A	P	A	P	P												
{2074}	P	P	P	P	P	A	P	A	P/A	A												
{5870}	P	P	P	P	P	A	P/A	A	P/A	A												
{0456}	P	A	P	P	P	A	P	A	P/A	A												
{0243}	P	A	P/A	A	P/A	A	P	A	P/A	A												
PT Individual Total	0	0	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0		
Team Attendance Points	20		0		0		0															
Weekly Weight Loss Points	5		5		5		5		5													
Total Weekly Team Points	25	0	5	0	5	0	5	0	5	0	0	0	0	0	0	0	0	0	0	0		
Total					0					10												